FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)													
1. Name and Address of Reporting CONGDON EARL E	2. Issuer Name OLD DOMIN [ODFL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director						
(Last) (First) C/O OLD DOMINION FRE INC., 500 OLD DOMINION		3. Date of Earlie 10/31/2019	est Transac	ction ((Month/Da	ay/Yea	ar)	Senior Executiv	e Chairman				
(Street) THOMASVILLE, NC 27360)	4. If Amendmen	it, Date Oi	rigina	l Filed(Mor	nth/Day/	Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State)	(Zip)	,	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)		4. Securities A (A) or Dispos (Instr. 3, 4 an		d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	V	Amount	or (D)	Price		(I) (Instr. 4)	(msu. +)			
Common Stock	08/23/2019		G	V	40,068	D	\$ 0	649,212 (1) (2)	I	By Earl E. Congdon Trust - 1990			
Common Stock	08/23/2019		G	V	40,068	D	\$ 0	159,396 (1) (3)	I	By wife as trustee of the Kathryn W. Congdon Trust - 1990			
Common Stock	10/31/2019		S		23,500	D	\$ 181.94 (4)	622,476	Ι	By Earl E. Congdon GRAT Remainder Trust			
Common Stock								10,854	D				
Common Stock								33,214	I	By 401(k) plan			
Common Stock								166,661 ⁽²⁾	I	By Earl E. Congdon Grantor Retained Annuity Trust 2018			
Common Stock								166,661 ⁽³⁾	I	By wife as trustee of the Kathryn W. Congdon Grantor Retained Annuity Trust 2018			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02) Persons who respond to the collection of information contained in this form are not required to respond unless

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(-8.) F,,,,														
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	rcisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	Num	ımber and Expiration Date		Amo	unt of	Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		of		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Deriv	ative			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secui	rities			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security					Acqu	ired			4)			Following	Direct (D)	
						(A) o	r						Reported	or Indirect	
						Dispo	osed						Transaction(s)	(I)	
						of (D)						(Instr. 4)	(Instr. 4)	
						(Instr									
						4, and	d 5)								
											Amount				
								D .	p		or				
									Expiration	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address		10% Owner	Officer	Other				
CONGDON EARL E C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X		Senior Executive Chairman					

Signatures

/s/ Earl E. Congdon	11/04/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects an exempt transfer of 40,068 shares from the Earl E. Congdon Trust 1990 to the Kathryn W. Congdon Trust 1990 on August 23, 2019.
- (2) Reflects an exempt transfer of 133,339 shares from the Earl E. Congdon Grantor Retained Annuity Trust 2018 to the Earl E. Congdon Trust 1990 on September 20, 2019.
- Reflects an exempt transfer of 133,339 shares from the Kathryn W. Congdon Grantor Retained Annuity Trust 2018 to the Kathryn W. Congdon Trust 1990 on September
- The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$181.13 to \$182.79, inclusive. The (4) reporting person undertakes to provide to the issuer, any security holder of the issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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