## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty)	pe Response	s)		_							1				
1. Name and Address of Reporting Person * Gantt Greg C				OL	2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner X Officer (give title below) Other (specify below)  President and CEO				
(Last) (First) (Middle) C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY					3. Date of Earliest Transaction (Month/Day/Year) 05/28/2019							Pr	esident and	CEO	
ТНОМА	SVILLE, 1	(Street) NC 27360		4. If	Amendmen	t, Date Or	iginal	Filed(Mont	th/Day/Yea	ar)	_X_ Form fil	ed by One Repo	Group Filing orting Person n One Reporting		ble Line)
(City)	)	(State)	(Zip)		,	Гable I - N	lon-D	erivative	Securit	ies Acqu	ired, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execu	Deemed ution Date, i	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Following	6. Ownership Form:	Beneficial		
				(Mon	(Month/Day/Year)		V	Amount	(A) or (D)	Price	(Instr. 3 a	(Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		05/28/2019			F		725	D	\$ 138.48	13,996			D	
Common Stock										4,990	4,990		I	By 401(k) plan	
Reminder: I	Report on a s	separate line f	for each class of sec	urities l	beneficially	owned dir	Pe	rsons wi ntained i	ho resp in this t	form ar	e not requ		formation spond unle trol numbe	ess	1474 (9-02)
			Table II		ative Secur puts, calls, v										
	2. Conversion or Exercise Price of Derivative Security		Execution I	Date, if	Code	5. Number of Derivati Securiti Acquire (A) or Dispose of (D) (Instr. 3 4, and 5	an (M	Date Exercisable de Expiration Date An Month/Day/Year)  7. An Month/Day/Year)  7. Sec		Title and ount of derlying urities tr. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivat Securit Direct or India	ottive Ownersh (Instr. 4) (D) rect	
					Code V	(A) (I	Ex	ate ercisable	Expirat Date	tion Titl	Amount or Number of Shares				

#### **Reporting Owners**

		Relationships					
	Reporting Owner Name / Address		10% Owner	Officer	Other		
4	Gantt Greg C C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY FHOMASVILLE, NC 27360	X		President and CEO			

### **Signatures**

/s/ Greg C. Gantt	05/29/2019		
**Signature of Reporting Person	Date		

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

May 28, 2019

Securities and Exchange Commission 100 F Street, N.E. Washington, D.C. 20549

Re: Old Dominion Freight Line, Inc.

Ladies and Gentlemen:

Pursuant to General Instruction 7 to Form 3 (Initial Statement of Beneficial Ownership), Form 4 (Statement of Changes in Beneficial Ownership) and Form 5 (Annual Statement of Changes in Beneficial Ownership) promulgated by the Securities and Exchange Commission (the "Commission") pursuant to Section 16 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), the undersigned director, officer and/or shareholder of Old Dominion Freight Line, Inc. (the "Company") hereby authorizes and designates Ross H. Parr, Adam N. Satterfield, Kimberly S. Maready and Wendy U. English, and each of them, to execute and file with the Commission on the undersigned's behalf any and all statements on Form 3, Form 4 or Form 5 relating to the undersigned's beneficial ownership of securities of the Company as required by Section 16(a) of the Exchange Act and the rules of the Commission promulgated thereunder. This authorization and designation shall be effective for so long as the undersigned remains subject to the provisions of Section 16 of the Exchange Act.

Effective as of the 28th day of May, 2019.

/s/ Greg C. Gantt Greg C. Gantt