UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ses)														
Name and Address of Reporting Person* Kasarda John D.				2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Other (specify below)				
		3. Date of Earliest Transaction (Month/Day/Year) 05/15/2019												
(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(State)	(Zip)			Tab	ole I - N	on-De	rivative	Securities	Acqui	red, Disp	osed of, or l	Beneficially (Owned	
	2. Transaction Date (Month/Day/Year)	Execution any	on Date		Code (Instr. 8	()	(A) or (Instr.	Disposed of 3, 4 and 5) (A) or	of (D)	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following (s)	Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	05/15/2019				A		806	A	\$ 0	8,117			D	
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Date (Month/Day/Y	3A. Deemed Execution Dat Year) any	4. Transaction Code (Instr. 8)		on S A (Jumber of Derivative Securities Acquired A) or Disposed	6. I and (Mo	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ti Amo Unde Secu	ount of erlying trities r. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivati Security Direct (I or Indirect)	Ownershi (Instr. 4)
										Amount				
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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, A) or Disposed of (Instr. 3) and Shane are not required for many (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (Instr. 3) and A) Deemed Execution Date, if Transaction Date (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) Underlying Securities Acquired (A) or Disposed of (D) Underlying Securities Acquired (A) or Disposed of (D) Underlying Securities Acquired (A) or Disposed of (D) D	2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL] 3. 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A life II - Non-Derivative Securities Acquired, A) or Disposed of, OI (Instr. 3, 4 and 5) OCode OV Amount (D) OF Price ON A life II - Derivative Securities Acquired, Disposed of, or Beneficially Owned ON Contained in this form are not required to reg the form displays a currently valid OMB con Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 7. Title and Amount of Derivative Securities (Instr. 3) On Disposed of (D) Original Filed(Month/Day/Year) OS/15/2019 5. Relationship of Reg (Ch Ch C	2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL] 3. Date of Earliest Transaction (Month/Day/Year) O5/15/2019 3. Date Of Earliest Transaction (Month/Day/Year) O5/15/2019 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) Table I - Non-Derivative Securities Acquired, Disposed of, Or Beneficially One Reporting Person Form filed by More than One Reporting Person Form filed by More than One Reporting Person (Check all application) (State) (State) (State) (State) (State) (Caty) (Month/Day/Year)	2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL] (First) (Middle) (INION FREIGHT LINE, DOMINION WAY) (Street)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Kasarda John D. C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X					

Signatures

/s/ John D. Kasarda	05/15/2019			
**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

May 15, 2019

Securities and Exchange Commission 100 F Street, N.E. Washington, D.C. 20549

Re: Old Dominion Freight Line, Inc.

Ladies and Gentlemen:

Pursuant to General Instruction 7 to Form 3 (Initial Statement of Beneficial Ownership), Form 4 (Statement of Changes in Beneficial Ownership) and Form 5 (Annual Statement of Changes in Beneficial Ownership) promulgated by the Securities and Exchange Commission (the "Commission") pursuant to Section 16 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), the undersigned director, officer and/or shareholder of Old Dominion Freight Line, Inc. (the "Company") hereby authorizes and designates Ross H. Parr, Adam N. Satterfield, Kimberly S. Maready and Wendy U. English, and each of them, to execute and file with the Commission on the undersigned's behalf any and all statements on Form 3, Form 4 or Form 5 relating to the undersigned's beneficial ownership of securities of the Company as required by Section 16(a) of the Exchange Act and the rules of the Commission promulgated thereunder. This authorization and designation shall be effective for so long as the undersigned remains subject to the provisions of Section 16 of the Exchange Act.

Effective as of the 15th day of May, 2019.

/s/ John D. Kasarda, Ph.D. John D. Kasarda, Ph.D.