FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading Symbol (Check all applicable) CONGDON JEFFREY W OLD DOMINION FREIGHT LINE INC/VA _X_ 10% Owner X Other (specify below) Officer (give title below) Member of Section 13(d) group (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 300 ARBORETUM PLACE, SUITE 600 08/11/2016 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Group Filing(Check Applicable Line) (Street) Form filed by One Reporting Person

X Form filed by More than One Reporting Person NORTH CHESTERFIELD, VA 23236 (State) (City) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security 2. Transaction 2A. Deemed 3. Transaction 4. Securities Acquired Amount of Securities 7. Nature of Ownership Beneficially Owned Following Date Execution Date, if Indirect (Instr. 3) Code (A) or Disposed of (D) (Month/Day/Year) any (Instr. 8) (Instr. 3, 4 and 5) Reported Transaction(s) Form: Beneficial (Month/Day/Year) Direct (D) (Instr. 3 and 4) Ownership (A) or Indirect (Instr. 4) or V Amount (D) (Instr. 4) Code Price As trustee of Jeffrey W. Common Stock 08/11/2016 S 11,500 D 70.04 662,278 (2) Congdon (1) Revocable Trust As trustee of Jeffrey W 08/11/2016 1,100 \$ 0 Common Stock G D 661,178 ⁽²⁾ Congdon Revocable Trust As trustee of Susan Common Stock 08/11/2016 S 9,800 D 70.04 859,840 (5) C. Terry Revocable Trust As trustee of Jeffrey W. Common Stock 83,610 (2) Congdon 2012 GRAT #2 As trustee of Jeffrey W. Common Stock 52,667 (2) Congdon 2014 **GRAT** As trustee of Jeffrey W. Common Stock 39,344 (2) Congdon 2013 GRAT #2 As trustee of Jeffrey W. Common Stock 100,000 (2) Congdon 2015 **GRAT** By Congdon Common Stock 608,877 ⁽²⁾ Family, LLC (3)

Common	Stock							693,864	(4)	Ι	Con Fan	
Common	Stock							539,209	<u>(5)</u>	I	Fan	ociates,
Common	Stock							100,000	<u>(2)</u>	I	of Jo W.	
Reminder: indirectly.	Report on a	separate line for each	h class of securities	beneficially		Persons wh	n this for	nd to the colle m are not req	uired to re	espond unles	s	1474 (9- 02)
						the form dis	splays a	currently valid	d OMB cor	ntrol number.		
			Table II - Deriva			ed, Disposed of tions, conver			i			
1. Title of	2	3. Transaction	3A. Deemed	4.		6. Date Exer			Q Drice of	9. Number of	10	11. Natu
	Conversion		Execution Date, if			and Expirati			Derivative		Ownership	
		(Month/Day/Year)		Code		(Month/Day/Year)		Underlying		Securities	Form of	Benefici
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securities			Securities		Beneficially	Derivative	Owners
	Derivative				Acquired			(Instr. 3 and		Owned	Security:	(Instr. 4
	Security				(A) or			4)		Following	Direct (D)	
					Disposed of (D)					Reported Transaction(s)	or Indirect	
					(Instr. 3,					(Instr. 4)	(Instr. 4)	
					4, and 5)						(
								Amount				

Date

Exercisable Date

Expiration

Title

Number

of Shares

Reporting Owners

Paradia O Nama / Adda	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CONGDON JEFFREY W 300 ARBORETUM PLACE SUITE 600 NORTH CHESTERFIELD, VA 23236		X		Member of Section 13(d) group			
TERRY SUSAN C 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group			

Signatures

/s/ John R. Congdon, Jr., by Power of Attorney	08/12/2016
**Signature of Reporting Person	Date
/s/ John R. Congdon, Jr., by Power of Attorney	08/12/2016
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$69.88 to \$70.15, inclusive. The
- (1) reporting person undertakes to provide to the issuer, any security holder of the issuer or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- These securities are beneficially owned by Jeffrey W. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 10, 2012.
- (3) Jeffrey W. Congdon serves as a manager of Congdon Family, LLC. The Jeffrey W. Congdon Revocable Trust, which Jeffrey W. Congdon serves as the trustee of, is a member of Congdon Family, LLC.
- (4) Susan C. Terry disclaims beneficial ownership of the reported securities. The Susan C. Terry Revocable Trust, which Susan C. Terry serves as the trustee of, is a member of Congdon Family, LLC.
- These securities are beneficially owned by Susan C. Terry, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 10, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.