

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Statement of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person      Nowell Louisian Person	2. Issuer Name and Ticker or Trading Symbol						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
YOWELL JOHN B (Last) (First) (Middle)		OLD DOMINION FREIGHT LINE INC/VA [ODFL]  3. Date of Earliest Transaction (Month/Day/Year)						(Check all applicable)   Director			
C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY  (Street)  THOMASVILLE, NC 27360		11/03/2010		Day	,, 1 cai j			X Officer (give title below) X Other (specify below)  Executive VP and COO / Member of Section 13(d) group			
		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person			
1.Title of Security	2. Transaction	2A. Deemed	3. Transaction		4. Securities Acquired (A) or		quired (A) or	5. Amount of Securities Beneficially Owned	6.	7. Nature of	
(Instr. 3)	Date (Month/Day/Ye	Execution Date, if any (Month/Day/Year)	(Instr. 8)		Disposed of (D) (Instr. 3, 4 and 5)		)	Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form: Direct (D) or Indirect	Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price		(I) (Instr. 4)		
Common Stock	11/03/2010		S <sup>(1)</sup>		15,044	D	\$ 28.0823 (2)	106,602	I	As co- trustee of the Seth Morgan Yowell Irrevocabl Declaratio of Trust	
Common Stock	11/03/2010		S <sup>(1)</sup>		15,049	D	\$ 28.0823 (2)	106,602	I	As co- trustee of the Megar Elise Yowell Irrevocabl Declaratio of Trust	
Common Stock	11/03/2010		S(I)		784	D	\$ 28.0823 (2)	44,583	I	By Audrey L. Congdon Irrevocabl Trust No. 2 dated 5/28/04 (David Congdon, Trustee)	
Common Stock	11/03/2010		S(1)		30,560	D	\$ 28.0823 (2)	748,725	I	By wife as trustee for Audrey Lee Congdon Revocable Trust date 2/17/05	
Common Stock								58,198	I	By wife as trustee for Irrevocabl Trust Agreemen dated 12/18/98 fbo Megar Yowell	
Common Stock								58,198	I	By wife as trustee for Irrevocabl Trust Agreemen dated 12/18/98 fbo Seth Yowell	
Common Stock								104,856	D	1011011	
Common Stock								257,188	I	As trustee for Audrey L. Congdon Irrevocabl Trust No. dated 12/1/92	
Common Stock								25,937	I	By 401(k)	
									1	plan	
Common Stock								8,929	I	By wife as co-trustee of the Ear	
Common Stock								430,651	I	E. Congdon	

														R	GRAT temainder Trust
Common Stock											150,000		I	ti A C F 2 C R A	By wife as rustee for Audrey L. Congdon debruary 010 Grantor detained Annuitiy Trust
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.  Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.  SEC 1474 (9-02)															
			Table					sposed of, or		ly Own	ed				
(Instr. 3)		Date (Month/Day/Year)	Execution Date, if	4. Transacti	ion	5. Number of Derivative Securities		6. Date Exercisable		7. Title and Amount of Underlying Securities		Derivative Security (Instr. 5)	Securities Beneficially Owned	Ownership Form of Derivative Security:	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s)	Direct (D) or Indirect (I) (Instr. 4)	

## **Reporting Owners**

Post Control Name (Addition	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
YOWELL JOHN B C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X	Executive VP and COO	Member of Section 13(d) group					

### **Signatures**

/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- $\textbf{(1)} \ The \ sales \ reported \ in \ this \ Form \ 4 \ were \ effected \ pursuant \ to \ a \ Rule \ 10b5-1 \ trading \ plan \ adopted \ by \ the \ reporting \ person \ on \ August \ 30, \ 2010.$
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.36, inclusive. The reporting person undertakes to provide to the issuer, any securit request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

#### Remarks:

The reporting person may be deemed to be a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified on a Schedule 13D

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.