F	ORM	4
	Check this hox	if no

Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting CONGDON JEFFREY W	2. Issuer Name OLD DOMIN [ODFL]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) DirectorX_10% Owner Officer (give title below)X_0ther (specify below)				
(Last) (First) 7511 WHITEPINE ROAD	(Middle)	3. Date of Earlie 11/03/2010	st Transact	tion (Month/D	ay/Ye	ear)	Member of Section	13(d) group	
(Street)		4. If Amendmen	t, Date Ori	ginal	Filed(Mo	nth/Day	/Year)	6. Individual or Joint/Group Fili	ng(Check Appli	cable Line)
RICHMOND, VA 23237								Form filed by One Reporting Person X Form filed by More than One Reporting	ng Person	
(City) (State)	(Zip)	Ti	able I - No	n-De	erivative	Secur	ities Acau	ired, Disposed of, or Beneficial	v Owned	
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transa Code (Instr. 8)		4. Secur	ities A Dispose	Acquired ed of (D)	5. Amount of Securities	6. Ownership Form:	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price			
Common Stock	11/03/2010		S ⁽¹⁾		29,145	D	\$ 28.0823 (12)	829,478 ⁽²⁾	I	As trustee of Jeffrey W. Congdon Revocable Trust
Common Stock	11/03/2010		S ⁽¹⁾		40,561	D	\$ 28.0823 (12)	685,861 (<u>3)</u>	I	As trustee of Susan C. Terry Revocable Trust
Common Stock	11/03/2010		S <mark>(1)</mark>		20,595	D	\$ 28.0823 (12)	287,124 ⁽⁴⁾	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		20,595	D	\$ 28.0823 <u>(12)</u>	287,376 (5)	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		21,315	D	\$ 28.0823 (12)	258,593 (6)	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		21,473	D	\$ 28.0823 (12)	262,211 (7)	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		21,473	D	\$ 28.0823 (12)	262,209 ⁽⁸⁾	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		15,830	D	\$ 28.0823 (12)	291,122 ⁽⁹⁾	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		13,635	D	\$ 28.0823 (12)	291,095 <u>(10)</u>	D	
Common Stock	11/03/2010		S <mark>(1)</mark>		15,672	D	\$ 28.0823 (12)	291,122 <u>(11)</u>	D	
Common Stock								75,000 ⁽²⁾	I	As trustee of the Jeffrey W Congdon 2009 GRAT
Common Stock								37,500 (<u>2)</u>	I	As trustee of the Jeffrey W Congdon 2010

Common Stock I As trustee of the Jeffrey W. Congdon 2010 GRAT #2 Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. I SEC 1474 (9-contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-contained in this form are not required to respond unless 02) the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned											GRAT #1
indirectly. Persons who respond to the collection of information SEC 1474 (9- contained in this form are not required to respond unless the form displays a currently valid OMB control number.	Common Stock							37,500 ⁽²	2)	I	of the Jeffrey W. Congdon 2010
Persons who respond to the collection of information SEC 1474 (9- contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9- 02)											
Table II - Derivative Securities Acquired. Disposed of. or Beneficially Owned	contained in this form are not required to respond unless 02)							· · · · · · · · · · · · · · · · · · ·			
(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)											

	. Title of	2.	3. Transaction	3A. Deemed	4.	5.1	Jumber	6. Date Exer	rcisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
]	Derivative	Conversion	Date	Execution Date, if	Transaction	ı of		and Expirati	ion Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
	Security	or Exercise	(Month/Day/Year)	any	Code	Der	ivative	(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Sec	urities			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
		Derivative				Ac	quired			(Instr	. 3 and		Owned	Security:	(Instr. 4)
		Security				(A)	or			4)			Following	Direct (D)	
						Dis	posed						Reported	or Indirect	
						of (D)						Transaction(s)	(I)	
						(Ins	str. 3,						(Instr. 4)	(Instr. 4)	
						4, a	nd 5)								
											Amount				
								Det	P		or				
									Expiration	Title	Number				
								Exercisable	Date		of				
					Code V	(A) (D)				Shares				

Reporting Owners

Burnellin Omer Name (Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CONGDON JEFFREY W 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
TERRY SUSAN C 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
John R Congdon Trust for Jeffrey Whitefield Congdon, Jr 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Sectin 13(d) group			
John R Congdon Trust for Mark Ross Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Sectin 13(d) group			
John R. Congdon Trust for Peter Whitefield Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
John R. Congdon Trust for Michael Davis Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
John R Congdon Trust for Mary Evelyn Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
John R. Congdon Trust for Kathryn Lawson Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
John R. Congdon Trust for Nathaniel Everett Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Section 13(d) group			
John R Congdon Trust for Hunter Andrew Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		Х		Member of Sectin 13(d) group			

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
Signature of Reporting Person	Date

/s/ Joel B. McCarty, Jr. by Power of Attorney —Signature of Reporting Person	11/04/2010
/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
**Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
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/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
***Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
**Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) These securities are beneficially owned by Jeffrey W. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (3) These securities are beneficially owned by Susan C. Terry, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Jeffrey Whitefield Congdon, Jr., which may be deemed a member of a "group" for purposes of (4) Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on Sentember 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Mark Ross Congdon, which may be deemed a member of a "group" for purposes of Section (5) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Peter Whitefield Congdon, which may be deemed a member of a "group" for purposes of (6) Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Michael Davis Congdon, which may be deemed a member of a "group" for purposes of Section (7) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Mary Evelyn Congdon, which may be deemed a member of a "group" for purposes of Section (8) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Kathryn Lawson Terry, which may be deemed a member of a "group" for purposes of Section (9) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Nathaniel Everett Terry, which may be deemed a member of a "group" for purposes of Section (10) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the John R. Congdon Trust for Hunter Andrew Terry, which may be deemed a member of a "group" for purposes of Section (11) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.36, inclusive. The **(12)** reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full

information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.