# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
DMB Number:	3235-0287					
Estimated average burden						
ours per response	e 0.5					

Trust #2

longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person \* 2. Issuer Name and Ticker or Trading Symbol (Check all applicable) OLD DOMINION FREIGHT LINE INC/VA Congdon Helen S Director \_X\_\_ 10% Owner \_X\_\_ Other (specify below) Officer (give title below) Member of Section 13(d) group (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) C/O OLD DOMINION FREIGHT LINE, 11/03/2010 INC., 500 OLD DOMINION WAY 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person

X Form filed by More than One Reporting Person THOMASVILLE, NC 27360 (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security 2. Transaction 2A Deemed 3. Transaction 4. Securities Acquired 5 Amount of Securities 7. Nature of Beneficially Owned Following Ownership Indirect (Instr. 3) Date Execution Date, if Code (A) or Disposed of (D) Beneficial (Month/Day/Year) any (Instr. 8) (Instr. 3, 4 and 5) Reported Transaction(s) Form: Ownership (Month/Day/Year) (Instr. 3 and 4) Direct (D) (A) or Indirect (Instr. 4) or Code Amount (D) Price (Instr. 4) Common Stock 11/03/2010  $S^{(1)}$ 2,347 D 28.0823 56,250 (2) D By husband as trustee of  $S^{(1)}$ Common Stock 11/03/2010 28,211 D 28.0823 649,936 (2) David S. (5)Congdon Revocable Trust By husband as  $S^{(1)}$ 11/03/2010 15,044 D 28.0823 106,602 (2) custodian Common Stock for minor child As trustee of Marilyn Marie  $S^{(1)}$ Common Stock 11/03/2010 15,049 D 28.0823 106,602 (3) Congdon <u>(5)</u> Revocable Declaration of Trust As trustee of Kathryn Leigh  $S^{(1)}$ 15,049 D Common Stock 11/03/2010 28.0823 106,602 (4) Congdon <u>(5)</u> Revocable Declaration of Trust By Common Stock 31,175 (2) husband By 32,571 (2) Common Stock husband's 401(k) plan As trustee of David S. Congdon Common Stock 418,551 (2) Irrevocable Trust #1 dated 12/1/92 As trustee of David S. Congdon Irrevocable Common Stock 37,050 (2)

										dated 11/18/99
Common Stock								150,000 (2)	I	By husband as trustee of David S. Congdon February 2010 Grantor Retained Annuity Trust
Common Stock								58,198 (2)	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Marilyn Congdon
Common Stock								58,198 (2)	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Kathryn Congdon
Common Stock								58,198 (2)	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Ashlyn Congdon
Common Stock								430,651 (2)	I	By husband as co-trustee of the Earl E. Congdon GRAT Remainder Trust
Common Stock	11/05/2010		S <sup>(1)</sup>		2	D	\$ 28.49	649,934 <sup>(2)</sup>	I	By husband as trustee of David S. Congdon Revocable Trust
Reminder: Report on a separate indirectly.	line for each class of s	ecurities beneficially	y owned d							
				co	ntained	l in th	nis form a	o the collection of inforn re not required to respo ently valid OMB control	nd unless	SEC 1474 (9- 02)
	Table II	- Derivative Secur	ities Acqu							

1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Nu	mber	6. Date Exer	rcisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	ion	of		and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Deriv	ative	(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Secur	ities			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acqu	ired			(Insti	: 3 and		Owned	Security:	(Instr. 4)
	Security					(A) o	r			4)			Following	Direct (D)	
						Dispo	sed						Reported	or Indirect	
						of (D	)						Transaction(s)	(I)	
						(Instr	. 3,						(Instr. 4)	(Instr. 4)	
						4, and	15)				Ι.				
											Amount				
								Date	Expiration Date		or				
								Exercisable	Date	Title	Number				
									Bute		of				
				Code	V	(A)	(D)				Shares				

#### **Reporting Owners**

Describer Community (Addition		Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Congdon Helen S C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X		Member of Section 13(d) group					
Congdon Marilyn M C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X		Member of Section 13(d) group					
Congdon Kathryn L. C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X		Member of Section 13(d) group					

#### **Signatures**

/s/ Joel B. McCarty, Jr., by Power of Attorney	11/05/2010		
**Signature of Reporting Person	Date		
/s/ Joel B. McCarty, Jr., by Power of Attorney	11/05/2010		
**Signature of Reporting Person	Date		
/s/ Joel B. McCarty, Jr., by Power of Attorney	11/05/2010		
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### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) These securities are beneficially owned by Helen S. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (3) These securities are beneficially owned by Marilyn M. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (4) These securities are beneficially owned by Kathryn L. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.36, inclusive. The (5) reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.