FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respons	ses)													
1. Name and Address of Reporting Person – CONGDON EARL E				2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner					
C/O OLD DOMINI DOMINION WAY			(Middle) 00 OLD	3. Date of Earlies 11/03/2010	t Transaction (Mor	nth/Day	y/Year)			X Officer (give title below		X Other (spe	cify below)	oup
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
THOMASVILLE, NC 27360														
(City)	(Sta	ite)	(Zip)		Tabl	le I - N	on-Deriva	tive Secu	urities Acqu	ired, Disposed of, or B	eneficially O	wned		
1.Title of Security (Instr. 3)			2A. Deemed Execution Data ar) any (Month/Day/Y	te, if Code (Instr. 8)	(Instr. 8)		ies Acqui of (D) 4 and 5)	ired (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	
				(Code	v	Amount	(A) or (D)	Price			G	or Indirect I) Instr. 4)	(Instr. 4)
Common Stock			11/03/2010		S ⁽¹⁾		105,520	D	\$ 28.0823 (2)	890,772		1		By Earl E. Congdon Revocable Trust
Common Stock										430,651 (3)]		By Earl E. Congdon GRAT Remainder Trust
Common Stock										298,312 (3)]		By wife
Common Stock										223,125 (3)]		By wife as trustee of The Kathryn W. Congdon Trust - 1990
Common Stock										30,681]		By 401(k) plan
Common Stock										833,334		1		By Earl E. Congdon Grantor Retained Annuity Trust 2010
Reminder: Report on a	senarate line f	or each class of score	ities heneficially	owned directly or	indirectly									
Reminder. Report on a	i separate mie i	or each class of seem	nies benericiany	owned directly of	muncery.	are i		ed to re		llection of information			n SE	C 1474 (9-02)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
Security (Instr. 3)	or Exercise Date Execution Date Price of (Month/Day/Year) any		Execution Date, i	4. Transaction 5. Number of Derivative Securiti (Instr. 8) Acquired (A) or		rities	6. Date Exercisable and Expiration Date Under		rlying Securities 3 and 4) Derivative Security (Instr. 5) Derivative Securities Securities Owned			10. Ownershi Form of Derivativ Security:	Beneficial Ownership (Instr. 4)	
				Code V	(A)	(D)	Date Exercisal	Expirate Date		Amount or Number of Shares		Following Reported Transaction(s) (Instr. 4)	Direct (D or Indirec (I) (Instr. 4)	

Reporting Owners

D 4 0 N 444		Relationships						
Reporting Owner Name / Address		Director 10% Owner Officer		Other				
CONGDON EARL E C/O OLD DOMINION FREIGHT LINE, IN 500 OLD DOMINION WAY THOMASVILLE, NC 27360	C. X	X	Executive Chairman	Member of Section 13(d) group				

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	11/04/2010		
-Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.36, inclusive. The reporting person undertakes to provide to the issuer, any security request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (3) The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed as an admission that the reporting person is the beneficial owner of the securities for the purposes of Section 16 or for an

Remarks:

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.