

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses) 1. Name and Address of Reporting Person - YOWELL JOHN B (Last) (First) (Middle) C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY		2. Issuer Name and OLD DOMINION				ODF	'L]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Executive VP and COO / Member of Section 13(d) group			
		3. Date of Earliest Tra				ПОВТ	<u></u> J				
		10/29/2010						Executive vr and COO7 Member of	Section 13(d)	group	
(Street)	4. If Amendment, Dat	e Original File	d(Mont	h/Day/Year)			6. Individual or Joint/Group Filing(Check Applic _X_ Form filed by One Reporting Person	able Line)			
THOMASVILLE, NC 27360								Form filed by More than One Reporting Person			
(City) (State)	(Zip)							nired, Disposed of, or Beneficially Owned		1	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Ye	2A. Deemed Execution Date, if ear) any	3. Transaction Code (Instr. 8)		4. Secur Dispose (Instr. 3	d of (D)	• • •	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form:	7. Nature of Indirect Beneficial	
		(Month/Day/Year))						Direct (D) or Indirect	Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price		(I) (Instr. 4)		
Common Stock	10/29/2010		S(1)		3,316	D	\$ 28.0069 (2)	121,796	I	As co- trustee of the Seth Morgan Yowell	
							YE J			Irrevocable Declaration of Trust As co-	
Common Stock	10/29/2010		S ⁽¹⁾		3,316	D	\$ 28.0069 (2)	121,801	I	trustee of the Megan Elise Yowell Irrevocable Declaration of Trust	
Common Stock	10/29/2010		S(I)		172	D	\$ 28.0069 (2)	45,375	I	By Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, Trustee)	
Common Stock	10/29/2010		S ⁽¹⁾		6,736	D	\$ 28.0069 (2)	779,590	I	By wife as trustee for Audrey Lee Congdon Revocable Trust dated 2/17/05	
Common Stock								58,198	I	By wife as trustee for Irrevocable Trust Agreement dated 12/18/98 fbo Megan Yowell	
Common Stock								58,198	I	By wife as trustee for Irrevocable Trust Agreement dated 12/18/98 fbo Seth Yowell	
Common Stock								104,856	D	10.001	
Common Stock								257,188	I	As trustee for Audrey L. Congdon Irrevocable Trust No. 1 dated 12/1/92	
Common Stock								25,937	I	By 401(k)	
									ī	plan	
Common Stock								8,929	1	By wife By wife as co-trustee	
Common Stock								430,651	I	of the Earl E. Congdon	

								I
								GRAT Remainder Trust
Common Stock						150,000	Ι	By wife as trustee for Audrey L. Congdon February 2010 Grantor Retained Annuitiy Trust
Common Stock	11/01/2010	S ⁽¹⁾	150	D	\$ 28.114 (3)	121,646	I	As co- trustee of the Seth Morgan Yowell Irrevocable Declaration of Trust
Common Stock	11/01/2010	S ⁽¹⁾	150	D	\$ 28.114 (3)	121,651	I	As co- trustee of the Megan Elise Yowell Irrevocable Declaration of Trust
Common Stock	11/01/2010	S ⁽¹⁾	8	D	\$ 28.114 (3)	45,367	I	By Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, trustee)
Common Stock	11/01/2010	S ⁽¹⁾	305	D	\$ 28.114 (3)	779,285	I	By wife as trustee for Audrey Lee Congdon Revocable Trust dated 2/17/05

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

ſ	1. Title of Derivative	2. Conversion	3. Transaction	3A. Deemed	4. Transacti	on	5. Number of		6. Date Exercisable		7. Title and Amount of		8. Price of	9. Number of	10.	11. Nature
	Security	or Exercise	Date	Execution Date, if	Code		Derivative S	Securities	and Expirati	on Date	Under	rlying Securities	Derivative	Derivative	Ownership	of Indirect
	(Instr. 3)	Price of	(Month/Day/Year)	any	(Instr. 8)		Acquired (A	A) or	(Month/Day	/Year)	(Instr.	. 3 and 4)	Security	Securities	Form of	Beneficial
		Derivative		(Month/Day/Year)			Disposed of	f(D)					(Instr. 5)	Beneficially	Derivative	Ownership
		Security					(Instr. 3, 4,	and 5)						Owned	Security:	(Instr. 4)
														Following	Direct (D)	
									Date	Expiration		Amount or Number of		Reported	or Indirect	
									Exercisable	Date	Title	Amount or Number of Shares		Transaction(s)	(I)	
					Code	V	(A)	(D)						(Instr. 4)	(Instr. 4)	

Reporting Owners

Post Control Name (Address	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
YOWELL JOHN B C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X	Executive VP and COO	Member of Section 13(d) group					

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	11/02/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.08, inclusive. The reporting person undertakes to provide to the issuer, any securit request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.00 to \$28.16, inclusive. The reporting person undertakes to provide to the issuer, any securit request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks

The reporting person may be deemed to be a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified on a Schedule 13E

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.