

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Statement of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Issuer Name and				IOPE	T 1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
YOWELL JOHN B (Last) (First)	(Middle)	OLD DOMINION FREIGHT LINE INC/VA [ODFL] 3. Date of Earliest Transaction (Month/Day/Year)						(Check all applicable) Director X Officer (give title below) (Check all applicable) X_10% Owner X Other (specify below)			
C/O OLD DOMINION FREIGHT LINE, I DOMINION WAY	10/13/2010						Executive VP and COO / Member of	Section 13(d)	group		
(Street)	4. If Amendment, Date	e Original File	ed(Mont	h/Day/Year)			Individual or Joint/Group Filing(Check Application X_ Form filed by One Reporting Person	able Line)			
THOMASVILLE, NC 27360								Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acqu						uired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	Transaction Date	2A. Deemed Execution Date, if	(Instr. 8)		Disposed of (D)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership	7. Nature of Indirect	
	(Month/Day/Ye	ear) any (Month/Day/Year)			(Instr. 3, 4 and 5)	(Instr. 3 and 4)	Form: Direct (D)		
						(A) or			or Indirect	(Instr. 4)	
			Code	V	Amount	(D)	Price		(Instr. 4)	As co-	
										trustee of	
Common Stock	10/13/2010		S(1)		2,650	D	\$ 26.1118	133,179	ī	the Seth Morgan	
Common Stock	10/13/2010		Seri		2,030	D	<u>(2)</u>	133,179		Yowell Irrevocable	
										Declaration	
										of Trust As co-	
										trustee of	
Common Stock	10/13/2010		S ⁽¹⁾		2,650	D	\$ 26.1118	133 179	ī	the Megar Elise	
Common Stock	10/13/2010		SIL		2,630	D	<u>(2)</u>	155,179	1	Yowell Irrevocab	
										Declaration	
										of Trust By Audre	
										L.	
										Congdon Irrevocable	
Common Stock	10/13/2010		S(1)		139	D	\$ 26.1118 (2)	45,966	I	Trust No.	
							(2)			dated 5/28/04	
										(David Congdon,	
										Trustee)	
										By wife a trustee for	
							# 26 1110			Audrey	
Common Stock	10/13/2010		S(1)		5,384	D	\$ 26.1118 (2)	802,709	I	Lee Congdon	
										Revocable Trust date	
										2/17/05	
										By wife a trustee for	
										Irrevocabl	
Common Stock								58,198	I	Trust Agreemer	
										dated 12/18/98	
										fbo Mega	
										Yowell By wife a	
										trustee for	
										Irrevocabl Trust	
Common Stock								58,198	I	Agreemen dated	
										12/18/98 fbo Seth	
										Yowell	
Common Stock								104,856	D		
										As trustee for Audre	
										L. Congdon	
Common Stock								257,188	I	Irrevocabl	
										Trust No. dated	
										12/1/92	
Common Stock								25,937	I	By 401(k) plan	
Common Stock								8,929	I	By wife	
										By wife a co-trustee	
										of the Ear	
Common Stock								430,651	I	E. Congdon	

												F	GRAT Remainder Trust
Common Stock									150,000		I	ti A C F 2 C F A	By wife as rustee for Audrey L. Congdon Sebruary 1010 Grantor Retained Annuitiy Trust
Reminder: Report on a	separate line for	r each class of secu	rities beneficially ov	vned directly or in	directly.								
						are r			he collection of information and unless the form displa			1 SEC	1474 (9-02)
			Table	II - Derivative S (e.g., puts, ca	ecurities Acquire				y Owned				
Title of Derivative Security	or Exercise I		3A. Deemed Execution Date, if		5. Number of Derivative Secur	6. Date Exercisab and Expiration Da		Date	7. Title and Amount of Underlying Securities	8. Price of Derivative		Ownership	11. Nature of Indirect

1. Title of Derivative	2. Conversion	Transaction	3A. Deemed	Transaction	on	5. Number of	of	6. Date Exer	cisable	7. Title	e and Amount of	8. Price of	9. Number of	10.	11. Nature
Security	or Exercise	Date	Execution Date, if	Code		Derivative S	Securities	and Expirati	on Date	Under	lying Securities	Derivative	Derivative	Ownership	of Indirect
(Instr. 3)	Price of	(Month/Day/Year)	any	(Instr. 8)		Acquired (A	A) or	(Month/Day	/Year)	(Instr.	3 and 4)	Security	Securities	Form of	Beneficial
	Derivative		(Month/Day/Year)			Disposed of	(D)					(Instr. 5)	Beneficially	Derivative	Ownership
	Security					(Instr. 3, 4, and 5)						Owned	Security:	(Instr. 4)	
													Following	Direct (D)	
								Date	Expiration	mid.	Amount or Number of		Reported	or Indirect	
								Exercisable	Date	Title	Amount or Number of Shares		Transaction(s)	(I)	
				Code	V	(A)	(D)						(Instr. 4)	(Instr. 4)	

Reporting Owners

Parada Oran Nama (Adda	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
YOWELL JOHN B C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X	Executive VP and COO	Member of Section 13(d) group					

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	10/15/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.32, inclusive. The reporting person undertakes to provide to the issuer, any securit request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks:

The reporting person may be deemed to be a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified on a Schedule 13E

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.