# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Trust #2

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person \* 2. Issuer Name and Ticker or Trading Symbol (Check all applicable) OLD DOMINION FREIGHT LINE INC/VA Congdon Helen S Director \_X\_ 10% Owner X Other (specify below) Officer (give title below) Member of Section 13(d) group (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) C/O OLD DOMINION FREIGHT LINE, 09/21/2010 INC., 500 OLD DOMINION WAY 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Group Filing(Check Applicable Line) X\_Form filed by One Reporting Person
\_\_Form filed by More than One Reporting Person THOMASVILLE, NC 27360 (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security 2. Transaction 2A Deemed 3. Transaction 4. Securities Acquired 5 Amount of Securities 7. Nature of Beneficially Owned Following Ownership Indirect (Instr. 3) Date Execution Date, if Code (A) or Disposed of (D) Beneficial (Month/Day/Year) any (Instr. 8) (Instr. 3, 4 and 5) Reported Transaction(s) Form: Ownership (Month/Day/Year) (Instr. 3 and 4) Direct (D) (A) or Indirect (Instr. 4) or Code Amount (D) Price (Instr. 4) Common Stock 09/21/2010  $S^{(1)}$ 315 D 26.0861 60.817 (2) D By husband as trustee of  $S^{(1)}$ Common Stock 09/21/2010 3,783 D 26.0861 704,738 (2) (6) David S. (5)Congdon Revocable Trust By husband as  $S^{(1)}$ 09/21/2010 2,018 D 26.0861 135,829 <sup>(2)</sup> custodian Common Stock for minor child As trustee of Marilyn Marie  $S^{(1)}$ Common Stock 09/21/2010 2,018 D 26.0861 135,829 (3) Congdon <u>(5)</u> Revocable Declaration of Trust As trustee of Kathryn Leigh  $S^{(1)}$ Common Stock 2,018 09/21/2010 D 26.0861 135,829 <del>(4)</del> Congdon <u>(5)</u> Revocable Declaration of Trust By Common Stock 31,175 (2) (6) husband By 32,571 (2) Common Stock husband's 401(k) plan As trustee of David S. Congdon Common Stock 418,551 (2) Irrevocable Trust #1 dated 12/1/92 As trustee of David S. Congdon Irrevocable Common Stock 37,050 (2)

							dated 11/18/99
Common Stock					150,000 (2)	I	By husband as trustee of David S. Congdon February 2010 Grantor Retained Annuity Trust
Common Stock					58,198 (2)	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Marilyn Congdon
Common Stock					58,198 (2)	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Kathryn Congdon
Common Stock					58,198 <sup>(2)</sup>	I	By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Ashlyn Congdon
Common Stock					430,651 <sup>(2)</sup>	I	By husband as co-trustee of the Earl E. Congdon GRAT Remainder Trust
Reminder: Report on a separate li indirectly.	ne for each class of	securities beneficiall	ly owned dire	ctly or			
				contained in this	pond to the collection of inform form are not required to respo s a currently valid OMB control	nd unless	SEC 1474 (9- 02)
	Table II			ed, Disposed of, or litions, convertible s	Beneficially Owned ecurities)		
1. Title of Derivative Security (Instr. 3)  2. Conversion Date or Exercise Price of Derivative Security  3. Transa Date (Month/I	Day/Year) Execution any		5. Number	6. Date Exercisable and Expiration Date	te 7. Title and Amount of Underlying Securities (Instr. 3 and 4)  8. Price of 9. N Derivative Security Security (Instr. 5) Own Foll Rep	ivative Ow urities For heficially Der ned Sec lowing Dir horted or I nsaction(s) (I)	Indirect In Nature Onership of Indirect Beneficial Ownership (Instr. 4)  Indirect Str. 4)

			4, and	15)						
			,		LACICISADIC	Expiration Date	Title	of		
	Code	V	(A)	(D)				Shares		1

### **Reporting Owners**

Daniel Company		Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Congdon Helen S C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X		Member of Section 13(d) group			

#### **Signatures**

/s/ Joel B. McCarty, Jr., by Power of Attorney	09/23/2010
**Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/23/2010
**Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/23/2010
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) These securities are beneficially owned by Helen S. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (3) These securities are beneficially owned by Marilyn M. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (4) These securities are beneficially owned by Kathryn L. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.25, inclusive. The (5) reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (6) Also reflects a transfer of 13,192 shares from David S. Congdon to the David S. Congdon Revocable Trust on September 3, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.