

Common Stock

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287
Estimated average burden hours per response... 0.5

E. Congdon

430,651

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

(Print or Type Responses) 1. Name and Address of Reporting Person - YOWELL JOHN B (Last) (First) (Middle) C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY (Street) THOMASVILLE, NC 27360		2. Issuer Name and OLD DOMINION				A [ODF	'L]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Executive VP and COO / Member of Section 13(d) group			
		3. Date of Earliest Tra 09/17/2010									
		4. If Amendment, Date	e Original Fil	ed(Mont	th/Day/Year			6. Individual or Joint/Group Filing(Check Appli	cable Line)		
								_X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)		Tab	le I - N	Non-Deri	vative Se	ecurities Acq	aired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Y	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acq Disposed of (D) (Instr. 3, 4 and 5)		• • •	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	Beneficial Ownership	
			Code	v	Amoun	(A) or (D)	Price		or Indirect (I) (Instr. 4)		
Common Stock	09/17/2010		S(1)		3,572	D	\$ 26.1302 (2)	137,847	I	As co- trustee of the Seth Morgan Yowell Irrevocable Declaratio of Trust	
Common Stock	09/17/2010		S ⁽¹⁾		3,572	D	\$ 26.1302 (2)	137,847	I	As co- trustee of the Megan Elise Yowell Irrevocable Declaratio of Trust	
Common Stock	09/17/2010		S ⁽¹⁾		186	D	\$ 26.1302 (2)	46,210	I	By Audrey L. Congdon Irrevocabl Trust No. 2 dated 5/28/04 (David Congdon, Trustee)	
Common Stock	09/17/2010		S(II)		7,255	D	\$ 26.1302 (2)	812,191	I	By wife as trustee for Audrey Lee Congdon Revocable Trust dated 2/17/05	
Common Stock								58,198	I	By wife as trustee for Irrevocabl Trust Agreemen dated 12/18/98 fbo Megar Yowell	
Common Stock								58,198	I	By wife as trustee for Irrevocable Trust Agreemen dated 12/18/98 fbo Seth Yowell	
Common Stock								104,856	D		
Common Stock								257,188	I	As trustee for Audrey L. Congdon Irrevocable Trust No. dated 12/1/92	
Common Stock								25,937	I	By 401(k)	
Common Stock								8,929	ī	plan By wife	
Common Grove								Ny 247		By wife as co-trustee of the Earl E.	

															F	GRAT Remainder Trust
Common Stock												150,000		I	t A C F 2 C F F	By wife as rustee for Audrey L. Congdon Sebruary 1010 Grantor Retained Annuitiy
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form SEC 1474 (9-02)																
							are i		ired to re			ess the form display				1474 (9-02)
			Table	II - Deriva (e.g., pu		curities Ac)wn	ed				
1. Title of Derivative Security (Instr. 3)	or Exercise	Date (Month/Day/Year)	Execution Date, if	4. Transacti	ion	5. Number Derivative Acquired (ADisposed of	mber of rative Securities ired (A) or		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5) 8. Number Derivative Securities Securities Beneficiall Owned		Ownership Form of Derivative	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisa	Expira	ntion Tit	tle	Amount or Number of Shares		Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)	

Reporting Owners

Provide Company (Addition	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
YOWELL JOHN B C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X	Executive VP and COO	Member of Section 13(d) group					

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	09/21/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.28, inclusive. The reporting person undertakes to provide to the issuer, any securit request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks:

The reporting person may be deemed to be a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified on a Schedule 13D

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.