# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Instruction 1(b). Investment Company Act of 1940

(Print or Type Responses)

(Print or Type Responses)								1			
Name and Address of Reporting YOWELL AUDREY C	2. Issuer Name OLD DOMIN [ODFL]			_	-		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X 10% Owner Officer (give title below) X Other (specify below)				
(Last) (First) 606 HILLCREST DRIVE	(Middle)	3. Date of Earlie 09/16/2010	est Transac	tion	(Month/I	Day/Ye	ear)	Member of Section 13(d) group			
(Street) HIGH POINT, NC 27262	4. If Amendmen	nt, Date Or	igina	l Filed(M	onth/Day	y/Year)	6. Individual or Joint/Group FilForm filed by One Reporting Person _X_Form filed by More than One Report	-	licable Line)		
(City) (State)	(Zip)	Т	able I - No	on-D	erivative	Secui	rities Acqu	rired, Disposed of, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)	ction		(A)	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form:	Beneficial Ownership	
Common Stock	09/16/2010		S(1)			D	\$	821,849 <sup>(2)</sup>	I	As trustee of Audrey L. Congdon Revocable Trust dated 2/17/05	
Common Stock	09/16/2010		S(1)		205	D	\$ 25.962 (6)	46,458 <sup>(2)</sup>	I	By Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, trustee)	
Common Stock	09/16/2010		S(1)		3,927	D	\$ 25.962 (6)	142,602 (2)	I	As co- trustee of Seth Morgan Yowell Irrevocable Inter Vivos Trust	
Common Stock	09/16/2010		S(1)		3,927	D	\$ 25.962 (6)	142,602 (2)	I	As co- trustee of Megan Elise Yowell Irrevocable Inter Vivos Trust	
Common Stock								8,929 <sup>(2)</sup>	D		
Common Stock								257,188 <sup>(2)</sup>	I	By husband as trustee of Audrey L. Congdon Irrevocable Trust No. 1 dated 12/1/92	
										As trustee of Audrey L. Congdon	

Common Stock						150,000 (2)	I	February 2010 Grantor Retained Annuity Trust
Common Stock						58,198 (2)	I	As trustee of Irrevocable Trust Agreement dated 12/18/98 fbo Megan Yowell
Common Stock						58,198 <sup>(2)</sup>	I	As trustee of Irrevocable Trust Agreement dated 12/18/98 fbo Seth Yowell
Common Stock						25,937 <sup>(2)</sup>	I	By husband's 401(k) plan
Common Stock						104,856 (2)	I	By husband
Common Stock						75,798 <sup>(2)</sup>	I	As trustee of Karen C. Pigman Irrevocable Trust Number One
Common Stock						163,626 (2)	I	As trustee of Karen C. Pigman February 2009 Grantor Retained Annuity Trust
Common Stock						430,651 <sup>(2)</sup>	I	As co- trustee of Earl E. Congdon GRAT Remainder Trust
Common Stock	09/16/2010	S <sup>(1)</sup>	205	D	(6)	46,458 <sup>(3)</sup>	D	
Common Stock	09/16/2010	S <sup>(1)</sup>	3,927	D	(6)	142,602 (4)	D	
Common Stock	09/16/2010	S(1)	3,927	D	\$ 25.962 (6)	142,602 (5)	D	
Common Stock	09/16/2010	S <sup>(1)</sup>	2,403	D	\$ 26.1053	819,446 <sup>(2)</sup>	I	As trustee of Audrey L. Congdon Revocable Trust dated 2/17/05  By Audrey

Common Stock	09/16/2	2010		S <sup>(1)</sup>		62	D	\$ 26.105 (7)	3 46,39	6 <sup>(2)</sup>		I	L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, Trustee)
Common Stock	09/16/2	2010		S(1)		1,183	D	\$ 26.105	3 141,4	.19		I	As co- trustee of Seth Morgan Yowell Irrevocable Inter Vivos Trust
Common Stock	09/16/2	2010		S <sup>(1)</sup>		1,183	D	\$ 26.105 (7)	3 141,4	19		I 	As co- trustee of Megan Elise Yowell Irrevocable Inter Vivos Trust
Common Stock	09/16/2	2010		S <sup>(1)</sup>		62	D	\$ 26.105	3 46,39	6 (3)		D	
Common Stock	09/16/2	2010		S <sup>(1)</sup>		1,183	D	\$ 26.105	3 141,4	19 (4)		D	
Common Stock	09/16/2	2010		S <sup>(1)</sup>		1,183	D	\$ 26.105	3 141,4	19 (5)		D	
Reminder: Report on a sepa indirectly.	rate line for eac	h class of securitie	s beneficially	owned dir	Pei	rsons v				ollection of			SEC 1474 (9-
		Table II - Deriv	rativo Soourit	iss Aggui	the	ntained form o	in th	is form ays a cu	are not rrently v	required to alid OMB co	respond u	nless	02)
		(e.g., )	puts, calls, wa	arrants, o	ption	s, conv	ertible	e securiti			_		
1. Title of 2. 3. To Derivative Conversion Date		3A. Deemed Execution Date, if	4. Transaction	5. Numb of		Date Ex d Expira			Title and		of 9. Number e Derivativ		0. 11. Natur Ownership of Indirec

1. Title of	2.	<ol><li>Transaction</li></ol>	3A. Deemed	4.	5. Nı	ımber	<ol><li>Date Exer</li></ol>	rcisable	7. Titl	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	of		and Expirati	on Date	Amou	ınt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Deriv	ative	(Month/Day	/Year)	Under	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Secu	rities			Secur	ities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Acqu	ired			(Instr.	. 3 and		Owned	Security:	(Instr. 4)
	Security				(A) c	r			4)			Following	Direct (D)	
					Disp	osed						Reported	or Indirect	
					of (D	)						Transaction(s)	(I)	
					(Insti	: 3,						(Instr. 4)	(Instr. 4)	
					4, an	d 5)								
										Amount				
							<b>.</b>			or				
							Date	Expiration Date	Title	Number				
							Exercisable	Date		of				
				Code V	(A)	(D)				Shares				

### **Reporting Owners**

Donostino Osmos Nomo / Address		Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
YOWELL AUDREY C 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group					
Audrey L. Congdon Irrevocable Trust Number Two 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group					
Seth Morgan Yowell Irrevocable Inter Vivos Trust 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group					
Megan Elise Yowell Irrevocable Inter Vivos Trust 606 HILLCREST DRIVE		X		Member of Section 13(d) group					

HIGH POINT, NC 27262		
11101110111,1102/202		

#### **Signatures**

/s/ Joel B. McCarty, Jr., by Power of Attorney	09/17/2010
***Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/17/2010
**Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/17/2010
Signature of Reporting Person	Date
/s/ Joel B. McCarty, Jr., by Power of Attorney	09/17/2010
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- These securities are beneficially owned by Audrey L. Congdon Yowell, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the Audrey L. Congdon Irrevocable Trust Number Two, which may be deemed a member of a "group" for purposes of Section (3) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the Seth Morgan Yowell Irrevocable Inter Vivos Trust, which may be deemed a member of a "group" for purposes of Section (4) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- These securities are beneficially owned by the Megan Elise Yowell Irrevocable Inter Vivos Trust, which may be deemed a member of a "group" for purposes of Section (5) 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.33 to \$26.20, inclusive. The (6) reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.20, inclusive. The (7) reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.