

| | | | | | | | | | |
|--------------|------------|--|----------------------|-------|---|--------------------------------|-----------------------------|---|--|
| Common Stock | | | | | | | 58,198 (2) | I | husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Marilyn Congdon |
| Common Stock | | | | | | | 58,198 (2) | I | By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Kathryn Congdon |
| Common Stock | | | | | | | 58,198 (2) | I | By husband as trustee of an Irrevocable Trust Agreement dated 12/18/98 fbo Ashlyn Congdon |
| Common Stock | | | | | | | 430,651 (2) | I | By husband as co-trustee of the Earl E. Congdon GRAT Remainder Trust |
| Common Stock | 09/13/2010 | | S(1) | 4,143 | D | \$ 25.4195 (5) | 150,459 (3) | I | As trustee of Marilyn Marie Congdon Revocable Declaration of Trust |
| Common Stock | 09/13/2010 | | S(1) | 4,143 | D | \$ 25.4195 (5) | 150,459 (4) | I | As trustee of Kathryn Leigh Congdon Revocable Declaration of Trust |
| Common Stock | 09/14/2010 | | S(1) | 463 | D | \$ 25.4546 (6) | 62,640 (2) | D | |
| Common Stock | 09/14/2010 | | S(1) | 5,560 | D | \$ 25.4546 (6) | 713,419 (2) | I | By husband as trustee of David S. Congdon Revocable Trust |
| Common Stock | 09/14/2010 | | S(1) | 2,964 | D | \$ 25.4546 (6) | 147,495 (2) | I | By husband as custodian for minor child |

| | | | | | | | | | | |
|--------------|------------|--|------------------|--|-------|---|----------------------|-------------|---|--|
| Common Stock | 09/14/2010 | | S ⁽¹⁾ | | 2,964 | D | \$ 25.4546 (6) | 147,495 (3) | I | As trustee of Marilyn Marie Congdon Revocable Declaration of Trust |
| Common Stock | 09/14/2010 | | S ⁽¹⁾ | | 2,964 | D | \$ 25.4546 (6) | 147,495 (4) | I | As trustee of Kathryn Leigh Congdon Revocable Declaration of Trust |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)




Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
|--|--|--------------------------------------|--|--------------------------------|---|---|--|-----|---|--|--|--|--|
| | | | | Code | V | | (A) | (D) | | | | | |
| | | | | | | | | | | | | | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|--|---------------|-----------|---------|-------------------------------|
| | Director | 10% Owner | Officer | Other |
| Congdon Helen S C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360 | | X | | Member of Section 13(d) group |
| Congdon Marilyn M C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360 | | X | | Member of Section 13(d) group |
| Congdon Kathryn L. C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360 | | X | | Member of Section 13(d) group |

Signatures

| | |
|---|------------|
| /s/ Joel B. McCarty, Jr., by Power of Attorney | 09/15/2010 |
|  Signature of Reporting Person | Date |
| /s/ Joel B. McCarty, Jr., by Power of Attorney | 09/15/2010 |
|  Signature of Reporting Person | Date |
| /s/ Joel B. McCarty, Jr., by Power of Attorney | 09/15/2010 |
|  Signature of Reporting Person | Date |

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.

- (2) These securities are beneficially owned by Helen S. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (3) These securities are beneficially owned by Marilyn M. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- (4) These securities are beneficially owned by Kathryn L. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.33 to \$25.47, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (5)
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.33 to \$25.75, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (6)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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