FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Reporting CONGDON DAVID S	2. Issuer Name OLD DOMIN [ODFL]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner _X_ Officer (give title below) Other (specify below)					
(Last) (First) C/O OLD DOMINION FREIO INC, 500 OLD DOMINION F	3. Date of Earlies 02/14/2008	st Transact	ion (l	Month/Da	iy/Yeai	President and CEO					
(Street) THOMASVILLE, NC 27360	4. If Amendment	t, Date Ori	ginal	Filed(Mor	ith/Day/Y	_X_Form filed by One Reporting Person	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Ta	ble I - No	n-De	rivative S	Securit	ies Acq	ired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	Beneficial	
		(Monul/Day/Tear)	Code	v	Amount	(A) or (D)	Price	(liisu. 5 and 4)		Ownership (Instr. 4)	
Common Stock	02/14/2008		G	v	6,831	A	\$ 0	31,389	Ι	As trustee of Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04	
Common Stock	02/15/2008		G	v	28,698	D	\$ 0	0	I	By David S. Congdon Grantor Retained Annuity Trust 2005	
Common Stock	02/15/2008		G	v	3,333	A	\$ 0	24,700	Ι	By wife as trustee of David S. Congdon Irrevocable Trust No. 2 dated 11/18/99	
Common Stock	11/24/2008		Ι		4,490	А	\$ 22.27	21,728	Ι	By 401(k) plan	
Common Stock	12/15/2008		G	v	1,000	А	\$ 0	37,911	Ι	As trustee of Irrevocable Trust Agreement dated 12/18/98 fbo Marilyn Congdon	
Common Stock	12/15/2008		G	v	1,000	A	\$ 0	37,911	Ι	As trustee of Irrevocable Trust Agreement dated 12/18/98 fbo Kathryn Congdon	
										As trustee	

Common Stock	12/15/2008		G	v	1,000	А	\$ 0	37,911	I	of Irrevocable Trust Agreement dated
Common Stock	12/15/2008		G	v	1,000	А	\$ 0	508,190 (1) (2)	I	12/18/98 fbo Ashlyn Congdon By David S. Congdon Revocable Trust dated
Common Stock	12/22/2008		G	v	1,000	D	\$ 0	507,190	I	12/3/91 By David S. Congdon Revocable Trust dated 12/3/91
Common Stock	12/22/2008		G	V	1,000	А	\$ 0	41,500	Ι	By wife
Common Stock								103,068	I	By daughter as trustee of Kathryn Leigh Congdon Revocable Declaration of Trust dated 5/23/06
Common Stock								287,101	I	As co- trustee of Earl E. Congdon 2003 GRAT Remainder Trust
Common Stock								29,578	D	
Common Stock								277,534	I	By wife as trustee of David S. Congdon Irrevocable Trust #1 dated 12/1/92
Common Stock								103,068	I	As custodian for minor child of Mr. Congdon
Common Stock								100,000 (2)	I	As trustee of David S. Congdon March 2008 Grantor Retained Annuity Trust
Reminder: Report on a separate indirectly.	line for each class of se	curities beneficially	owned dir	Per	sons w ntained	in this	form	to the collection of info are not required to res rently valid OMB contr	pond unless	SEC 1474 (9- 02)
· · · · · ·	Table II -	Derivative Securit (<i>e.g.</i> , puts, calls, w	ies Acqui arrants, o	red, I ption	Disposed s, conve	of, or rtible s	Benefic ecuritie	ially Owned es)		

1. Title of				4.				6. Date Exer					9. Number of		11. Nature
	Conversion		Execution Date, if	Transacti				and Expirati		Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Deriv	ative	(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Secur	ities			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acqu	ired			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security					(A) o	r			4)			Following	Direct (D)	
						Dispo	osed						Reported	or Indirect	
						of (D)						Transaction(s)	(I)	
						(Instr	. 3,						(Instr. 4)	(Instr. 4)	
						4, and	15)								
											Amount				
								Date	Expiration		or				
								Exercisable	•	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

Describer Ocean News (Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
CONGDON DAVID S C/O OLD DOMINION FREIGHT LINE, INC 500 OLD DOMINION FREIGHT WAY THOMASVILLE, NC 27360	Х		President and CEO					

Signatures

/s/ David S. Congdon	01/23/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects a transfer of 25,365 shares from the David S. Congdon Grantor Retained Annuity Trust 2005 to the David S. Congdon Revocable Trust dated 12/3/91 on February 15, 2008.
- (2) Reflects a transfer of 100,000 shares from the David S. Congdon Revocable Trust dated 12/3/91 to the David S. Congdon March 2008 Grantor Retained Annuity Trust on February 29, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

January 16, 2009

Securities and Exchange Commission Judiciary Plaza 450 Fifth Street, N.W. Washington, D.C. 20549

Re: Old Dominion Freight Line, Inc.

Ladies and Gentlemen:

Pursuant to General Instruction 7 to Form 3 (Initial Statement of Beneficial Ownership), Form 4 (Statement of Changes in Beneficial Ownership) and Form 5 (Annual Statement of Changes in Beneficial Ownership) promulgated by the Securities and Exchange Commission pursuant to Section 16 of the Securities Exchange Act of 1934, the undersigned director, officer and/or shareholder of Old Dominion Freight Line, Inc. (the "Company") hereby authorizes and designates Alice G. Gibson, Joel B. McCarty, Jr. and John P. Booker, and each of them, to execute and file with the Commission on the undersigned's behalf any and all statements on Form 3, Form 4 or Form 5 relating to the undersigned's beneficial ownership of securities of the Company as required by Section 16(a) of the Securities Exchange Act of 1934 and the rules of the Commission promulgated thereunder. This authorization and designation shall be effective for so long as the undersigned remains subject to the provisions of Section 16 of the Securities Exchange Act of 1934.

Effective as of the 16th day of January, 2009.

/s/ David S. Congdon David S. Congdon