FORM 4	ŀ
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Response	es)											
1. Name and Address of Reporting Person – CONGDON EARL E			2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% 0wner X_ Officer (give title below)Other (specify below)			
(Last) (First) (Middle) C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY			3. Date of Earliest Transaction (Month/Day/Year) 12/15/2008						Executive Ch	airman		
THOMASVILLE, 1	(Street) NC 27360		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Ta	ble I - No	n-Der	·ivative Se	curities	a Acqu	uired, Disposed of, or Beneficially Owned			
(Instr. 3) Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
			(Wohlin Duy, Tour)	Code	v	Amount	(A) or (D)	Price	(insu: 5 and 1)	or Indirect (I) (I) (Instr. 4)		
Common Stock		12/15/2008		G	V	990,375	D	\$ 0	0	D		
Common Stock									1,262,422 (1) (2)	Ι	By Earl E. Congdon Revocable Trust	
Common Stock									21,718	Ι	By 401(k) plan	
Common Stock									187,861 (<u>1)</u>	I	By Earl E. Congdon Grantor Retained Annuity Trust - 2005	
Common Stock									287,101 (<u>3)</u>	I	By Earl E. Congdon 2003 GRAT Remainder Trust	
Common Stock									198,875 (<u>3) (4)</u>	Ι	By wife	
Common Stock									148,750 <u>(3) (4)</u>	Ι	By wife as trustee of The Kathryn W. Congdon Trust - 1990	
Reminder: Report on a indirectly.	separate line	for each class of sec	urities beneficially	owned dir	ectly	or						
					con	tained in	this fo	orm a	o the collection of information re not required to respond u ently valid OMB control num	nless	SEC 1474 (9- 02)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(cigi, pues, cuis, warrants, options, convertible securities)												
1. Title of	2.	3. Transaction	3A. Deemed	4.	5. Number	6. Date Exerc	cisable	7. Titl	e and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	of	and Expiratio	on Date	Amou	nt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Derivative	(Month/Day/	Year)	Under	lying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securities			Securi	ties	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Acquired			(Instr.	3 and		Owned	Security:	(Instr. 4)
	Security				(A) or			4)			Following	Direct (D)	
					Disposed						Reported	or Indirect	
					of (D)						Transaction(s)	(I)	
					(Instr. 3,						(Instr. 4)	(Instr. 4)	
					4, and 5)								
									Amount				

		Date Expiration Exercisable Date	e or Number of	
Code	V (A) (D)		Shares	

Reporting Owners

Densetter Orner News (Aller	Relationships						
Reporting Owner Name / Address		10% Owner	Officer	Other			
CONGDON EARL E C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X		Executive Chairman				

Signatures

/s/ Earl E. Congdon	01/23/2009
***Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Reflects a transfer of 121,319 shares from the Earl E. Congdon Grantor Retained Annuity Trust 2005 to the Earl E. Congdon Revocable Trust on February 15, 2008 and a transfer of 162,728 shares from the Earl E. Congdon Grantor Retained Annuity Trust 2005 to the Earl E. Congdon Revocable Trust on January 5, 2009.

(2) Reflects a transfer of 978,375 shares from Earl E. Congdon to the Earl E. Congdon Revocable Trust on December 15, 2008.

(3) The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed as an admission that the reporting person is the beneficial owner of the securities for the purposes of Section 16 or for any other purpose.

(4) Reflects a transfer of 198,875 shares from the Kathryn W. Congdon Trust - 1990 to Kathryn W. Congdon.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

January 19, 2009

Securities and Exchange Commission Judiciary Plaza 450 Fifth Street, N.W. Washington, D.C. 20549

Re: Old Dominion Freight Line, Inc.

Ladies and Gentlemen:

Pursuant to General Instruction 7 to Form 3 (Initial Statement of Beneficial Ownership), Form 4 (Statement of Changes in Beneficial Ownership) and Form 5 (Annual Statement of Changes in Beneficial Ownership) promulgated by the Securities and Exchange Commission pursuant to Section 16 of the Securities Exchange Act of 1934, the undersigned director, officer and/or shareholder of Old Dominion Freight Line, Inc. (the "Company") hereby authorizes and designates David S. Congdon, John B. Yowell and Joel B. McCarty, Jr., and each of them, to execute and file with the Commission on the undersigned's behalf any and all statements on Form 3, Form 4 or Form 5 relating to the undersigned's beneficial ownership of securities of the Company as required by Section 16(a) of the Securities Exchange Act of 1934 and the rules of the Commission promulgated thereunder. This authorization and designation shall be effective for so long as the undersigned remains subject to the provisions of Section 16 of the Securities Exchange Act of 1934.

Effective as of the 19th day of January, 2009.

/s/ Earl E. Congdon Earl E. Congdon