FORM 4	ŀ
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Check this box if no								
longer subject to								
Section 16. Form 4 or								
Form 5 obligations								
may continue. See								
Instruction 1(b).								

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting YOWELL JOHN B	2. Issuer Name = OLD DOMINI [ODFL]	ON FRE	IGH	T LINE	INC/V	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below)				
(Last) (First) C/O OLD DOMINION FREI INC., 500 OLD DOMINION	3. Date of Earlies 02/14/2008	t Transacti	on (N	/lonth/Da	y/Year)	Executive VP	and COO			
(Street) THOMASVILLE, NC 27360	4. If Amendment,	Date Orig	inal l	Filed(Mont	h/Day/Yea	6. Individual or Joint/Group Fi _X_Form filed by One Reporting Person Form filed by More than One Report	L	licable Line)		
(City) (State)	(Zip)	Ta	ble I - Nor	-Der	ivative S	ecuritie	es Aca	uired, Disposed of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction Code (Instr. 8)		-			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price		or Indirect ( (I) (Instr. 4)	(111501.4)
Common Stock	02/14/2008		G		58,792			0	I	By wife as trustee for Audrey L. Congdon Grantor Retained Annuity Trust 2005
Common Stock	02/14/2008		G	v	6,831	А	\$ 0	31,389	I	By Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, Trustee)
Common Stock	12/15/2008		G	v	1,000	А	\$ 0	550,668 <u>(1) (2)</u>	I	By wife as trustee for Audrey L. Congdon Revocable Trust dated 3/27/92
Common Stock	12/15/2008		G	v	1,000	A	\$ 0	37,911	I	By wife as trustee for Irrevocable Trust Agreement dated 12/18/98 fbo Megan Yowell
Common Stock	12/15/2008		G	v	1,000	A	\$ 0	37,911	I	By wife as trustee for Irrevocable Trust Agreement dated 12/18/98 fbo Seth Yowell
Common Stock	12/15/2008		G	V	1,000	А	\$ 0	67,016	D	
										By wife as trustee for Audrey L.

Common Stock	12/22/2008		G	v	1,000	D	\$ 0	549,668	Ι	Congdon Revocable Trust dated 3/27/92
Common Stock	12/22/2008		G	V	1,000	А	\$ 0	68,016	D	
Common Stock								206,136	I	By wife as custodian for minor children of Mr. Yowell
Common Stock								37,527	I	By wife as trustee for Audrey Lee Congdon Revocable Trust dated 2/17/05
Common Stock								169,579	I	By Audrey L. Congdon Irrevocable Trust No. 1 dated 12/1/92
Common Stock								17,292	Ι	By 401(k) plan
Common Stock								5,953	I	By wife
Common Stock								287,101	Ι	By wife as co-trustee of the Earl E. Congdon 2003 GRAT Remainder Trust
Common Stock								100,000 <sup>(2)</sup>	I	By wife as trustee for Audrey L. Congdon March 2008 Grantor Retained Annuity Trust
Reminder: Report on a separa indirectly.	ate line for each class of sec	curities beneficially	owned dire	Per	sons wł	no resp	oond t	to the collection of informare not required to respo	nation	SEC 1474 (9-

contained in this form are not required to respond unless the form displays a currently valid OMB control number.

## 02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.e., nuts, calls, warrants, options, convertible securities)

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5	5. Numl	ber	r 6. Date Exercisable		7. Tit	tle and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	on c	of a		and Expiration Date		Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Ι	Derivative (Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	S	Securiti	ities		Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative				A	Acquired		uired		(Insti	: 3 and		Owned	Security:	(Instr. 4)
	Security				(	(A) or	() or		4)			Following	Direct (D)		
					Ι	Disposed					Reported	or Indirect			
						of (D)					Transaction(s)	< /			
							nstr. 3,					(Instr. 4)	(Instr. 4)		
					4	4, and 5)									
											Amount				
								Data	Evaluation		or				
								Date Exercisable	Expiration Date	Title	Number				
								Exercisable	Date		of				
				Code V	V	(A) (I	D)				Shares				

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
YOWELL JOHN B C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360			Executive VP and COO					

## Signatures

/s/ John B. Yowell	01/23/2009	
**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects a transfer of 51,961 shares from the Audrey L. Congdon Grantor Retained Annuity Trust 2005 to the Audrey L. Congdon Revocable Trust dated 3/27/92 on February 14, 2008.
- (2) Reflects a transfer of 100,000 shares from the Audrey L. Congdon Revocable Trust dated 3/27/92 to the Audrey L. Congdon March 2008 Grantor Retained Annuity Trust on February 29, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Securities and Exchange Commission Judiciary Plaza 450 Fifth Street, N.W. Washington, D.C. 20549

Re: Old Dominion Freight Line, Inc.

Ladies and Gentlemen:

Pursuant to General Instruction 7 to Form 3 (Initial Statement of Beneficial Ownership), Form 4 (Statement of Changes in Beneficial Ownership) and Form 5 (Annual Statement of Changes in Beneficial Ownership) promulgated by the Securities and Exchange Commission pursuant to Section 16 of the Securities Exchange Act of 1934, the undersigned director, officer and/or shareholder of Old Dominion Freight Line, Inc. (the "Company") hereby authorizes and designates David S. Congdon, Joel B. McCarty, Jr. and J. Wes Frye, and each of them, to execute and file with the Commission on the undersigned's behalf any and all statements on Form 3, Form 4 or Form 5 relating to the undersigned's beneficial ownership of securities of the Company as required by Section 16(a) of the Securities Exchange Act of 1934 and the rules of the Commission promulgated thereunder. This authorization and designation shall be effective for so long as the undersigned remains subject to the provisions of Section 16 of the Securities Exchange Act of 1934.

Effective as of the 20th day of January, 2009.

/s/ John B. Yowell John B. Yowell