FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

GE COMMISSION OMB N

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		
	2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director
C/O OLD DOLD HOLLED ELGUEL DIE	3. Date of Earliest Transaction (Month/Day/Year) 07/30/2003	President and COO
	4. If Amendment, Date Original Filed(Month/Day/Year) 08/01/2003	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person
(City) (State) (Zip)	Table I - Non-Derivative Securities Acqu	ired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if any	(Instr. 8)	tion	4. Securities Acor Disposed of (Instr. 3, 4 and 5		D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form:	Beneficial
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock	07/30/2003		X		4,500	A	\$ 12.8333	13,146 (1)	D	
Common Stock	07/30/2003		S		4,500	D	\$ 32.47	8,646 (1)	D	
Common Stock								1,001,269 (1)	I	As Trustee of Earl E. Congdon Intangibles Trust
Common Stock								407,434 (1)	I	As Trustee of David S. Congdon Revocable Trust
Common Stock								42,762 (1)	I	As Trustee under irrevocable trust agreements for each of Mr. Congdon's three children
Common Stock								15,000 (1)	I	By wife
Common Stock								120,948 (1)	I	By wife as Trustee of David S. Congdon Irrevocable Trust No.
Common Stock								137,424 (1)	I	As custodian for minor children of Mr. Congdon
Common Stock								154,500 (1)	I	As Trustee for Kathryn W. Congdon Intangibles Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction	3A. Deemed	4.	5. Number	Date Exercisable and	7. Title and Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	of	Expiration Date	of Underlying	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Derivative	(Month/Day/Year)	Securities	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securities		(Instr. 3 and 4)	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Acquired				Owned	Security:	(Instr. 4)
	Security				(A) or				Following	Direct (D)	
					Disposed				Reported	or Indirect	
					of (D)				Transaction(s)	(I)	
					(Instr. 3, 4,				(Instr. 4)	(Instr. 4)	
					and 5)						

			Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$ 12.8333 (1)	07/30/2003	X			4,500 (1)	10/25/1994 ⁽²⁾	10/25/2003	Common Stock	4,500 (1)	\$ 0	0	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
CONGDON DAVID S C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X	X	President and COO					

Signatures

/s/ David S. Congdon	08/01/2003
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Adjusted to reflect a 3-for-2 stock split on June 4, 2003.
- (2) The option vested and became exercisable in five equal annual installments on October 25 of each of 1994, 1995, 1996, 1997 and 1998.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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