

# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * CONGDON JOHN R JR			2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)		
(Last) (First) (Middle) C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY			3. Date of Earliest Transaction (Month/Day/Year) 02/22/2016			6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		
(Street) THOMASVILLE, NC 27360			4. If Amendment, Date Original Filed (Month/Day/Year)					

(City) (State) (Zip) **Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/22/2016		G	V	1,290	D	\$ 0	947,556	I	As trustee of John R. Congdon Jr. Revocable Trust
Common Stock	11/03/2016		G	V	6,920	D	\$ 0	807,404 <sup>(1)</sup>	I	As trustee of John R. Congdon Jr. Revocable Trust
Common Stock	11/11/2016		G	V	608,877	D	\$ 0	0	I	By Congdon Family, LLC <sup>(2)</sup>
Common Stock	11/11/2016		G	V	608,877	A	\$ 0	1,422,180 <sup>(3)</sup>	I	As trustee of John R. Congdon Jr. Revocable Trust
Common Stock	11/11/2016		G	V	42,493	A	\$ 0	46,064	I	By wife as trustee of John R. Congdon, Jr. 2015 Irrevocable Trust for Benefit of Michael M. Demo
Common Stock	11/11/2016		G	V	42,493	A	\$ 0	46,064	I	By wife as trustee of John R. Congdon, Jr. 2015 Irrevocable Trust for Benefit of Brian H. Demo
Common Stock								1,494	D	
Common Stock								33,445	I	As trustee of John R. Congdon

										Jr. 2013 GRAT #2
Common Stock								50,505	I	As trustee of John R. Congdon, Jr. 2015 GRAT
Common Stock								71,754	I	As trustee of John R. Congdon, Jr. 2012 GRAT #2
Common Stock								100,000	I	As trustee of The John R. Congdon, Jr. 2016 GRAT
Common Stock								100,000	I	As trustee of The John R. Congdon, Jr. 2016 GRAT #2

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CONGDON JOHN R JR C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X			

## Signatures

/s/ John R. Congdon, Jr.	02/10/2017
Signature of Reporting Person	Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reflects (i) a previously reported gift on May 25, 2016; (ii) a transfer of 100,000 shares from John R. Congdon Jr. Revocable Trust to The John R. Congdon, Jr. 2016 GRAT on May 26, 2016; (iii) transactions previously reported in August 2016; (iv) a transfer of 100,000 shares from John R. Congdon Jr. Revocable Trust to The John R. Congdon, Jr. 2016 GRAT #2 on August 19, 2016; (v) a transfer of 49,495 shares from John R. Congdon, Jr. 2015 GRAT to John R. Congdon Jr. Revocable Trust on August 19, 2016; (vi) a transfer of 52,667 shares from John R. Congdon, Jr. 2014 GRAT to John R. Congdon Jr. Revocable Trust on August 26, 2016; and (vii) a transfer of 11,856 shares from John R. Congdon, Jr. 2012 GRAT #2 to John R. Congdon Jr. Revocable Trust on August 26, 2016.

John R. Congdon, Jr. serves as a manager of Congdon Family, LLC. The John R. Congdon, Jr. Revocable Trust, of which John R. Congdon, Jr. serves as the trustee, is a

(2) member of Congdon Family, LLC.

(3) Reflects a transfer of 5,899 shares from John R. Congdon Jr. 2013 GRAT #2 to John R. Congdon Jr. Revocable Trust on November 21, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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December 8, 2016

Securities and Exchange Commission  
100 F Street, N.E.  
Washington, D.C. 20549

Re: Old Dominion Freight Line, Inc.

Ladies and Gentlemen:

Pursuant to General Instruction 7 to Form 3 (Initial Statement of Beneficial Ownership), Form 4 (Statement of Changes in Beneficial Ownership) and Form 5 (Annual Statement of Changes in Beneficial Ownership) promulgated by the Securities and Exchange Commission (the "Commission") pursuant to Section 16 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), the undersigned director, officer and/or shareholder of Old Dominion Freight Line, Inc. (the "Company") hereby authorizes and designates Ross H. Parr, Adam N. Satterfield and John P. Booker III, and each of them, to execute and file with the Commission on the undersigned's behalf any and all statements on Form 3, Form 4 or Form 5 relating to the undersigned's beneficial ownership of securities of the Company as required by Section 16(a) of the Exchange Act and the rules of the Commission promulgated thereunder. This authorization and designation shall be effective for so long as the undersigned remains subject to the provisions of Section 16 of the Exchange Act.

Effective as of the 8<sup>th</sup> day of December, 2016.

/s/ John R. Congdon, Jr.  
John R. Congdon, Jr.

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