

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Statement of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person VOWELL JOHN B		2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
YOWELL JOHN B (Last) (First) (Middle)						LODF	L]	(Check all applicable) Director		
		Date of Earliest Transaction (Month/Day/Year) 09/21/2010 Hi Amendment, Date Original Filed(Month/Day/Year)						Executive VP and COO / Member of Section 13(d) group		
								6. Individual or Joint/Group Filing(Check Applica	ble Line)	
THOMASVILLE, NC 27360								_X_Form filed by One Reporting Person _Form filed by More than One Reporting Person		
(City) (State)	(Zip)		Tab	le I - N	lon-Deriv	ative Se	ecurities Acq	uired, Disposed of, or Beneficially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date	2A. Deemed Execution Date, if ear) any (Month/Day/Year)	3. Transaction Code	on	4. Securities Acquired (A) or Disposed of (D)			Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership	7. Nature of Indirect
	(Month/Day/Ye		(Instr. 8)		(Instr. 3, 4 and 5))		Form: Direct (D)	Beneficial
						(A) or			or Indirect	(Instr. 4)
			Code	V	Amount	(D)	Price		(Instr. 4)	As co-
										trustee of
C	00/21/2010		g(1)		2.010	D	\$ 26.0861	125 920	T	the Seth Morgan
Common Stock	09/21/2010		S ⁽¹⁾		2,018	D	<u>(2)</u>	135,829	1	Yowell Irrevocabl
										Declaratio
										of Trust As co-
										trustee of
Common Stock	09/21/2010		g(1)		2,018	D	\$ 26.0861	135,829	T	the Megar Elise
Common Stock	09/21/2010		S ⁽¹⁾		2,018	D	<u>(2)</u>	133,829	1	Yowell Irrevocable
										Declaration
										of Trust By Audre
										L.
										Congdon Irrevocable
Common Stock	09/21/2010		S(1)		105	D	\$ 26.0861	46,105	I	Trust No. dated
										5/28/04
										(David Congdon,
										Trustee)
										By wife as trustee for
							\$ 26.0861			Audrey Lee
Common Stock	09/21/2010		S ⁽¹⁾		4,098	D	(2)	808,093	I	Congdon
										Revocable Trust date
										2/17/05
										By wife as trustee for
										Irrevocabl Trust
Common Stock								58,198	I	Agreemer
										dated 12/18/98
										fbo Megai Yowell
										By wife as
										trustee for Irrevocable
Common Stock								58 108	ī	Trust
Common Stock								58,198	1	Agreemen dated
										12/18/98 fbo Seth
0 0 1								104.056	Б	Yowell
Common Stock								104,856	D	As trustee
										for Audre
Common Stock								257 188	ī	L. Congdon
Common Stock								257,188	1	Irrevocabl Trust No.
										dated
										12/1/92 By 401(k)
Common Stock								25,937	I	plan
Common Stock								8,929	I	By wife
										By wife as
										of the Ear E.
Common Stock								430,651	I	Congdon

														R	GRAT temainder rust
Common Stock											150,000		I	ti A C F 2 C R A	By wife as rustee for audrey L. Congdon debruary 010 Grantor detained annuitiy trust
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)															
			Table	II - Derivati	ve Sec	urities Acqui	red. Dis	sposed of	or Ben	eficially C	wned				
						s, warrants, o									
(Instr. 3)	or Exercise	Date (Month/Day/Year)	Execution Date, if	4. Transactio Code (Instr. 8)	I A I	Number of Derivative Sect Acquired (A) of Disposed of (D Instr. 3, 4, and	ırities r)	6. Date F and Expi (Month/I	ration D Day/Yea	ate Un (In	Fitle and Amount of derlying Securities str. 3 and 4)	Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of	
				Code	v	(A)	(D)	Date Exercisa	ble Date	ration Tit	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Code

Reporting	Owners
Keborting	Owners

Post Control Name (Addition	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
YOWELL JOHN B C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360		X	Executive VP and COO	Member of Section 13(d) group				

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney	09/23/2010		
Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.25, inclusive. The reporting person undertakes to provide to the issuer, any securit request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Remarks:

The reporting person may be deemed to be a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified on a Schedule 13D

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.