

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person YOWELL JOHN B		2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ X 10% Owner _____ X Officer (give title below) _____ X Other (specify below) _____ Executive VP and COO / Member of Section 13(d) group	
(Last) (First) (Middle) C/O OLD DOMINION FREIGHT LINE, INC., 500 OLD DOMINION WAY		3. Date of Earliest Transaction (Month/Day/Year) 09/21/2010			
(Street) THOMASVILLE, NC 27360		4. If Amendment, Date Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person ____ Form filed by More than One Reporting Person	
(City) (State) (Zip)		Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/21/2010		S(1)		2,018	D	\$ 26.0861 (2)	135,829	I	As co-trustee of the Seth Morgan Yowell Irrevocable Declaration of Trust
Common Stock	09/21/2010		S(1)		2,018	D	\$ 26.0861 (2)	135,829	I	As co-trustee of the Megan Elise Yowell Irrevocable Declaration of Trust
Common Stock	09/21/2010		S(1)		105	D	\$ 26.0861 (2)	46,105	I	By Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, Trustee)
Common Stock	09/21/2010		S(1)		4,098	D	\$ 26.0861 (2)	808,093	I	By wife as trustee for Audrey Lee Congdon Revocable Trust dated 2/17/05
Common Stock								58,198	I	By wife as trustee for Irrevocable Trust Agreement dated 12/18/98 fbo Megan Yowell
Common Stock								58,198	I	By wife as trustee for Irrevocable Trust Agreement dated 12/18/98 fbo Seth Yowell
Common Stock								104,856	D	
Common Stock								257,188	I	As trustee for Audrey L. Congdon Irrevocable Trust No. 1 dated 12/1/92
Common Stock								25,937	I	By 401(k) plan
Common Stock								8,929	I	By wife
Common Stock								430,651	I	By wife as co-trustee of the Earl E. Congdon

