

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * YOWELL AUDREY C			2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) ____ Director _____ 10% Owner ____ Officer (give title below) _____ X Other (specify below)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 09/21/2010			Member of Section 13(d) group		
606 HILLCREST DRIVE			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) ____ Form filed by One Reporting Person _X_ Form filed by More than One Reporting Person		
(Street) HIGH POINT, NC 27262			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					
(City) (State) (Zip)								

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/21/2010		S(1)		4,098	D	\$ 26.0861 (6)	808,093 (2)	I	As trustee of Audrey L. Congdon Revocable Trust dated 2/17/05
Common Stock	09/21/2010		S(1)		105	D	\$ 26.0861 (6)	46,105 (2)	I	By Audrey L. Congdon Irrevocable Trust No. 2 dated 5/28/04 (David Congdon, trustee)
Common Stock	09/21/2010		S(1)		2,018	D	\$ 26.0861 (6)	135,829 (2)	I	As co-trustee of Seth Morgan Yowell Irrevocable Inter Vivos Trust
Common Stock	09/21/2010		S(1)		2,018	D	\$ 26.0861 (6)	135,829 (2)	I	As co-trustee of Megan Elise Yowell Irrevocable Inter Vivos Trust
Common Stock								8,929 (2)	D	
Common Stock								257,188 (2)	I	By husband as trustee of Audrey L. Congdon Irrevocable Trust No. 1 dated 12/1/92
										As trustee of Audrey L. Congdon

Common Stock								150,000 (2)	I	February 2010 Grantor Retained Annuity Trust
Common Stock								58,198 (2)	I	As trustee of Irrevocable Trust Agreement dated 12/18/98 fbo Megan Yowell
Common Stock								58,198 (2)	I	As trustee of Irrevocable Trust Agreement dated 12/18/98 fbo Seth Yowell
Common Stock								25,937 (2)	I	By husband's 401(k) plan
Common Stock								104,856 (2)	I	By husband
Common Stock								75,798 (2)	I	As trustee of Karen C. Pigman Irrevocable Trust Number One
Common Stock								163,626 (2)	I	As trustee of Karen C. Pigman February 2009 Grantor Retained Annuity Trust
Common Stock								430,651 (2)	I	As co-trustee of Earl E. Congdon GRAT Remainder Trust
Common Stock	09/21/2010		S(1)		105	D	\$ 26.0861 (6)	46,105 (3)	D	
Common Stock	09/21/2010		S(1)		2,018	D	\$ 26.0861 (6)	135,829 (4)	D	
Common Stock	09/21/2010		S(1)		2,018	D	\$ 26.0861 (6)	135,829 (5)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction	3A. Deemed	4.	5. Number	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Nature
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Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and Expiration Date (Month/Day/Year)		Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
YOWELL AUDREY C 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group
Audrey L. Congdon Irrevocable Trust Number Two 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group
Seth Morgan Yowell Irrevocable Inter Vivos Trust 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group
Megan Elise Yowell Irrevocable Inter Vivos Trust 606 HILLCREST DRIVE HIGH POINT, NC 27262		X		Member of Section 13(d) group

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney Signature of Reporting Person	09/23/2010 Date
/s/ Joel B. McCarty, Jr., by Power of Attorney Signature of Reporting Person	09/23/2010 Date
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Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.

(2) These securities are beneficially owned by Audrey L. Congdon Yowell, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(3) These securities are beneficially owned by the Audrey L. Congdon Irrevocable Trust Number Two, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(4) These securities are beneficially owned by the Seth Morgan Yowell Irrevocable Inter Vivos Trust, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(5) These securities are beneficially owned by the Megan Elise Yowell Irrevocable Inter Vivos Trust, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are identified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(6) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.25, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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