

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * CONGDON JEFFREY W			2. Issuer Name and Ticker or Trading Symbol OLD DOMINION FREIGHT LINE INC/VA [ODFL]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input checked="" type="checkbox"/> Other (specify below) Member of Section 13(d) group	
(Last) 7511	(First) WHITEPINE	(Middle) ROAD	3. Date of Earliest Transaction (Month/Day/Year) 09/17/2010		6. Individual or Joint/Group Filing (Check Applicable Line) <input type="checkbox"/> Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person	
(Street) RICHMOND, VA 23237			4. If Amendment, Date Original Filed (Month/Day/Year)			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/17/2010		S(1)		7,218	D	\$ 26.1302 (12)	890,619 (2)	I	As trustee of Jeffrey W. Congdon Revocable Trust
Common Stock	09/17/2010		S(1)		9,777	D	\$ 26.1302 (12)	770,396 (3)	I	As trustee of Susan C. Terry Revocable Trust
Common Stock	09/17/2010		S(1)		5,149	D	\$ 26.1302 (12)	330,420 (4)	D	
Common Stock	09/17/2010		S(1)		5,149	D	\$ 26.1302 (12)	330,672 (5)	D	
Common Stock	09/17/2010		S(1)		5,283	D	\$ 26.1302 (12)	303,309 (6)	D	
Common Stock	09/17/2010		S(1)		5,357	D	\$ 26.1302 (12)	307,329 (7)	D	
Common Stock	09/17/2010		S(1)		5,357	D	\$ 26.1302 (12)	307,327 (8)	D	
Common Stock	09/17/2010		S(1)		3,869	D	\$ 26.1302 (12)	324,221 (9)	D	
Common Stock	09/17/2010		S(1)		2,828	D	\$ 26.1302 (12)	318,579 (10)	D	
Common Stock	09/17/2010		S(1)		1,339	D	\$ 26.1302 (12)	318,839 (11)	D	
Common Stock								75,000 (2)	I	As trustee of the Jeffrey W. Congdon 2009 GRAT
Common Stock								37,500 (2)	I	As trustee of the Jeffrey W. Congdon 2010

Common Stock									37,500 (2)	I	GRAT #1 As trustee of the Jeffrey W. Congdon 2010 GRAT #2
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CONGDON JEFFREY W 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group
TERRY SUSAN C 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group
John R. Congdon Trust for Peter Whitefield Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group
John R. Congdon Trust for Michael Davis Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group
John R Congdon Trust for Jeffrey Whitefield Congdon, Jr 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Sectin 13(d) group
John R Congdon Trust for Mark Ross Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Sectin 13(d) group
John R Congdon Trust for Mary Evelyn Congdon 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group
John R. Congdon Trust for Kathryn Lawson Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group
John R Congdon Trust for Hunter Andrew Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Sectin 13(d) group
John R. Congdon Trust for Nathaniel Everett Terry 7511 WHITEPINE ROAD RICHMOND, VA 23237		X		Member of Section 13(d) group

Signatures

/s/ Joel B. McCarty, Jr., by Power of Attorney		09/21/2010
Signature of Reporting Person		Date

/s/ Joel B. McCarty, Jr., by Power of Attorney <small>Signature of Reporting Person</small>		09/21/2010 <small>Date</small>
/s/ Joel B. McCarty, Jr., by Power of Attorney <small>Signature of Reporting Person</small>		09/21/2010 <small>Date</small>
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/s/ Joel B. McCarty, Jr., by Power of Attorney <small>Signature of Reporting Person</small>		09/21/2010 <small>Date</small>
/s/ Joel B. McCarty, Jr., by Power of Attorney <small>Signature of Reporting Person</small>		09/21/2010 <small>Date</small>
/s/ Joel B. McCarty, Jr., by Power of Attorney <small>Signature of Reporting Person</small>		09/21/2010 <small>Date</small>

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 30, 2010.

(2) These securities are beneficially owned by Jeffrey W. Congdon, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(3) These securities are beneficially owned by Susan C. Terry, who may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(4) These securities are beneficially owned by the John R. Congdon Trust for Jeffrey Whitefield Congdon, Jr., which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(5) These securities are beneficially owned by the John R. Congdon Trust for Mark Ross Congdon, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(6) These securities are beneficially owned by the John R. Congdon Trust for Peter Whitefield Congdon, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(7) These securities are beneficially owned by the John R. Congdon Trust for Michael Davis Congdon, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(8) These securities are beneficially owned by the John R. Congdon Trust for Mary Evelyn Congdon, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(9) These securities are beneficially owned by the John R. Congdon Trust for Kathryn Lawson Terry, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(10) These securities are beneficially owned by the John R. Congdon Trust for Nathaniel Everett Terry, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(11) These securities are beneficially owned by the John R. Congdon Trust for Hunter Andrew Terry, which may be deemed a member of a "group" for purposes of Section 13(d) of the Exchange Act. The other members of the Section 13(d) group are indentified in a Schedule 13D filed with the Securities and Exchange Commission on September 9, 2010.

(12) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.00 to \$26.28, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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